



An index of health and safety guidance for the food and drink industries

Food Information Sheet No 7 (revised)

Introduction

This is an index of the main guidance appropriate or specific to the food and drink industries. It has been categorised under headings covering significant risks, which cause around 80% of reported injuries in the food industry, and health and safety management. Contact telephone numbers for publications are listed towards the back of the information sheet. An asterisk indicates that the document is recommended reading. HSE publications which have FIS and CAIS series numbers are free information sheets.

Management of health and safety - general

* *A recipe for safety: Health and safety in the food industry* TOP5(rev1) HSE Books 1999. Single copies free, multiple copies in priced packs ISBN 0 7176 2432 3

* *Management of health and safety at work. Management of Health and Safety at Work Regulations 1999. Approved Code of Practice L21* (Second edition) HSE Books 2000 ISBN 0 7176 2488 9

Successful health and safety management HSG65 (Second edition) HSE Books 1997 ISBN 0 7176 1276 7

Workplace health, safety and welfare. Workplace (Health, Safety and Welfare) Regulations 1992. Approved Code of Practice and guidance L24 HSE Books 1992 ISBN 0 7176 0413 6

Five steps to risk assessment INDG163(rev1) HSE Books 1998 Single copies free, multiple copies in priced packs ISBN 0 7176 1565 0

* *An approach to managing the introduction of health and safety assessments in the food industry* FDF

The cost of accidents at work HSG96 (Second edition) HSE Books 1997 ISBN 0 7176 1343 7

Be safe save money! INDG208 HSE Books 1995 Single copies free, multiple copies in priced packs ISBN 0 7176 1018 7

Practical aspects of risk assessment Guidance Note No1 FDF

Health and safety update FDF

Health risk management HSG137 HSE Books 1995 ISBN 0 7176 0905 7

Health surveillance at work HSG61 (Second edition) HSE Books 1999 ISBN 0 7176 1705 X

Understanding health surveillance at work: An introduction for employers INDG304 HSE Books 1999 Single copies free, multiple copies in priced packs ISBN 0 7176 1712 2

Essentials of health and safety at work HSE Books 1994 ISBN 0 7176 0716 X

Health and safety benchmarking INDG301 HSE Books 1999 Single copies free, multiple copies in priced packs ISBN 0 7176 2494 3

Benchmarking in the process industries ICHIME 1999 ISBN 0 85295 411 5

Health and safety law LRD

Managing contractors HSG159 HSE Books 1997 ISBN 0 7176 1196 5

Management of health and safety - by sector

Priorities for health and safety in the bakery and flour confectionery industry FIS4 HSE Books 1995

Priorities for the fruit and vegetable industry FIS5 HSE Books 1995

Priorities for health and safety in the dairy industry FIS8 HSE Books 1996

Priorities for health and safety in the poultry processing industry FIS11 HSE Books 1996

Priorities for health and safety in the compound animal feed industry FIS12 HSE Books 1997

Priorities for health and safety in the flour and grain milling industries FIS13 HSE Books 1997

Priorities for health and safety in the slaughtering industry FIS14 HSE Books 1997

Health and safety priorities in the meat processing industry FIS15 HSE Books 1997

Priorities for health and safety in the fish processing industry FIS16 1997 HSE Books 1997

Priorities for health and safety in the brewing industry FIS18 HSE Books 1999

Priorities for health and safety in the soft drinks industry FIS19 HSE Books 1999

Priorities for health and safety in the potable spirits industry FIS20 HSE Books 1999

Health and safety in the grain and feed industry: Developing a management policy UKASTA

Health and safety in flour mills NABIM

Risk assessment in bakeries NAMB 1994

Health and safety matters DIF ISBN 1 870661

Health and safety in retail and wholesale warehouses HSG76 HSE Books 1992 ISBN 0 11 885731 2

Safety in pubs: A guide to employer's responsibilities BLRA ISBN 0 333 61742 8

Training

Anywhere, anytime (health and safety training video aimed to assist mills in their provision of health and safety training) NABIM

Milling matter: A health and safety check-up (video suitable for induction and refresher training) NABIM

Hygiene, health and safety: A distance learning module BCCCA

Look before you lift (manual handling training video) DIF

Memorandum of guidance on the Electricity at Work Regulations 1989 HSR25 HSE Books 1989 ISBN 0 7176 1602 9

Training for health and safety in the meat industry Guidance Note 54 BMMA

Health and safety matters induction booklet DIF

Transport

* *Workplace transport safety in the food and drink industries* FIS21 HSE Books 1999

Workplace transport safety: Guidance for employers HSG136 HSE Books 1995 ISBN 0 7176 0935 9

Sheeting and unsheeting of tipper lorries HSG148 HSE Books 1996 ISBN 0 7176 0888 3

Reversing vehicles INDG148 HSE Books 1993 Single copies free, multiple copies in priced packs ISBN 0 7176 1063 2

Rider-operated lift trucks: Operator training. Approved Code of Practice and guidance L117 HSE Books 1999 ISBN 0 7176 2455 2

Safety in working with lift trucks HSG6 (Second edition) HSE Books 2000 ISBN 0 7176 1781 5

Code of Practice for the safe operation of tipping vehicles UKASTA

A guide for the prevention of vehicle/axle overloading UKASTA

Operated training for rider-operated fork trucks: Guidelines for the flour milling industry Safety Guide No 2 NABIM

Vehicle loading and deliveries GN41 BMMA

Access onto the tops of tankers in the flour milling industry NABIM

Access to milk tankers (cyclo) DIF

Prevention of falls from grain lorries (Members circulars) NABIM

Fitment of mechanised sheeting systems to delivery vehicles UKASTA

Falls from a height

The ladder user's handbook DTI 1995

General access scaffolds and ladders CIS49 HSE Books 1997

Slips and trips

* *Slips and trips: Guidance for the food processing industry* HSG156 HSE Books 1996 ISBN 0 7176 0832 8

Slips and trips: Summary guidance for the food industry FIS6 HSE Books 1996

* *Preventing slips in the food and drink industries: Technical update on floor specifications* FIS22 HSE Books 1999

Prevention of slips, trips and falls on the level GN4 BMMA

Stop slips: Managing slips to reduce injuries and costs Video VHS 35mins HSE Books 2000 ISBN 0 7176 1819 6

Avoiding slips, trips and broken hips (resource pack)
HEA 1999 Free leaflet available from HEA Customer Services, Marston Book Services, PO Box 269, Abingdon, Oxon, OX14 4YN Tel: 01235 465 565 Fax: 01235 465 556

Work equipment

Effective purchasing policies for equipment in the food and drink industries INDG323 HSE Books 2000

Safe use of work equipment. Provision and Use of Work Equipment Regulations 1998. Approved Code of Practice and guidance L22 (Second edition) HSE Books 1998 ISBN 0 7176 1626 6

Simple guide to PUWER 1998 INDG229 HSE Books 1998 Single copies free, multiple copies in priced packs ISBN 0 7176 2429 3

Health and safety in kitchens and food preparation areas HSG55 HSE Books 1990 ISBN 0 11 885427 5

Reducing bandsaw accidents in the food industry PM33 (Second edition) HSE Books 2000 ISBN 0 7176 1774 2

Safety in meat preparation: Guidance for butchers HSG45 HSE Books 1995 ISBN 0 7176 0781 X

Safety guidance notes: Meat industry, machinery and equipment BMMA

Dairy industry code of practice for the safeguarding of dairy machinery Parts 1-7 DIF

Pie and tart machines HSG31 HSE Books 1986 ISBN 0 11 883891 1

Safety memoranda (Covers bakery machinery and processes) FOB

Industry guidance note on operations at unguarded machinery Safety guide No 4 NABIM

Caution airlock, guidelines and safety procedures when clearing chokes at rotary valves and seals NABIM

Codes of practice for the safeguarding of bakery machinery Parts 1, 2 and 3 BCCCA

Safeguarding of machinery Guidance Notes 1-3 FVCA

Refrigeration (Six Codes of Practice) IR

Safe management of ammonia refrigeration systems: Food and other workplaces PM81 HSE Books 1995 ISBN 0 7176 1066 7

Occupational health: manual handling and WRULD

Manual handling. Manual Handling Operations Regulations 1998. Guidance on Regulations L23 (Second edition) HSE Books 1998 ISBN 0 7176 2415 3

* *Moving food and drink: Manual handling solutions for the food and drinks industries* HSG196 HSE Books 2000 ISBN 0 7176 1731 9

* *Injuries and ill-health caused by handling in the food and drink industries* FIS23 HSE Books 2000

Getting to grips with manual handling: A short guide for employers INDG143(rev1) HSE Books 2000 Single copies free, multiple copies in priced packs ISBN 0 7176 1754 8

Manual handling: Solutions you can handle HSG115 HSE Books 1994 ISBN 0 7176 0693 7

A pain in your workplace? Ergonomic problems and solutions HSG121 HSE Books 1994 ISBN 0 7176 0668 6

Manual handling in drinks delivery HSG119 HSE Books 1994 ISBN 0 7176 0731 3

Manual handling in the brewing and licensed retail industry Guidance Note BLRA

Manual handling operations 1992: Safety guide no 3: guidelines for employers in the flour milling industry NABIM

The manual handling operations 1992: Guidance for employers in the baking industry NAMB 1993

Knife accidents: First aid (GN3) and Safe use of knives (GN10) BMMA

Upper limb disorders: Assessing the risks INDG171 HSE Books 1994 Single copies free, multiple copies in priced packs ISBN 0 7176 0751 8

Work related upper limb disorders: A guide to prevention HSG60 HSE Books 1990 ISBN 0 7176 0475 6

If the task fits: Ergonomics at work INDG90 HSE Books 1994 Single copies free, multiple copies in priced packs ISBN 0 7176 1379 8

Work related upper limb disorders: a health and safety guide GWU

Tackling Teno GMB

TUC guide to assessing WRULDs risks WR007 TUC 1994 ISBN 1 85006 277 3

Rory O'Neill *Europe under strain: a report on trade union initiatives to combat work related musculoskeletal disorders* TUTUB TUC 1999 ISBN 2 930003 29 4

Your back: where does it hurt? TUC/Back Care 1999 Free leaflet

Stop the strain drain TUC 1998 Free leaflet

Work related upper limb disorders USDAW 1992

Work related limb disorders GN6 BMMA

RSI: A trade unionists' guide LRD Feb 2000

Watch your back: LRD's guide to preventing back pain and injury at work LRD 1999

Occupational health: dust, fume, COSHH etc

COSHH: A brief guide to the Regulations INDG136(rev1) HSE Books 1999 Single copies free, multiple copies in priced packs ISBN 0 7176 2444 7

Medical aspects of occupational asthma MS25 (Second edition) HSE Books 1998 ISBN 0 7176 1547 2

From dust to dust HS003 TUC 1984 ISBN 1 85006 030 4

The selection, use and maintenance of respiratory protective equipment: A practical guide HSG53 (Second edition) HSE Books 1998 ISBN 0 7176 1537 5

Respiratory sensitisers and COSHH INDG95 HSE Books 1995 Single copies free, multiple copies in priced packs ISBN 0 7176 0914 6

Breathe freely: A workers' information card on respiratory sensitisers INDG172 HSE Books 1994 Single copies free, multiple copies in priced packs ISBN 0 7176 0771 2

Preventing asthma at work L55 HSE Books 1994 ISBN 0 7176 0661 9

The maintenance, examination and testing of local exhaust ventilation HSG54 (Second edition) HSE Books 1998 ISBN 0 7176 1485 9

Guidelines for complying with COSHH in the compound animal feed industry and supplement on MEL for grain dust UKASTA

COSHH: Guidelines for employers in the flour milling industry Safety Guide No 1 NABIM

Guidance to bakeries on the implementation of the COSHH Regulations NAMB 1988

Guidance on practical measures to control dust in bakeries NAMB 1993

Grain dust in non-agricultural workplaces INDG140 HSE Books 1997 Free leaflet

Grain dust EH66 (Second edition) HSE Books 1998 ISBN 0 7176 1535 9

Grain dust in maltings (maximum exposure limits) EH67 HSE Books 1993 ISBN 0 11 886357 6

Health hazards from dusty cargoes during the loading and unloading of ships DIS2(rev) HSE Books 1998

Rory O'Neill *Asthma at work* HS053 TUC/SOHP 1995 ISBN 1 874751 02 1

COSHH Regulations and the meat industry GN51

COSHH zoonoses GN51A

COSHH welding fumes GN51B

COSHH spices and seasonings GN51C

BSE GN5 BMMA

Hazardous substances at work: A safety reps' guide LRD 1996

COSHH as applied to licensed premises: Guidance for licensees BLRA

Occupational health: dermatitis

Occupational dermatitis in the catering and food industries FIS17 HSE Books

Health surveillance of occupational skin disease MS24 (Second edition) HSE Books 1998 ISBN 0 7176 1545 6

Look after your skin! TUC/Skin Care Campaign 1997 Free leaflet

Occupational health: chilled environments

Workroom temperatures in places where food is handled FIS3(rev1) HSE Books 1999

Guidance on achieving reasonable working temperatures and conditions during production of chilled foods CCFRA Guideline No 26

Guidance on working in cold indoor environments UKAFFP Free leaflet

Fire and explosion

Fire safety: An employer's guide HSE Books 1999 ISBN 0 11 341229 0

Dust explosions in the food industry FIS2 HSE Books 1993

Safe handling of combustible dusts HSG103 HSE Books
1994 ISBN 0 7176 0725 9

Geoff Lunn *Dust explosion prevention and protection
Parts 1, 2 and 3* ISBN 0 85295 293 7

*Dust explosion prevention and protection: A practical
guide* ICHIME July 2000 ISBN 0 85295 410 7

Guidance on Dust Control and Health Surveillance in
Bakeries plus Interactive Training Package *Breathe
Easy* which includes guidance, training notes and video.
Priced Publications FOB

The explosibility of dispersed flour and gluten dust
NABIM

*The prevention of fire and dust explosions in flour mills
and bulk containers* NABIM

*Precautions at manually ignited gas-fired catering
equipment* CAIS3 HSE Books 1995

Reducing the risks of oven explosions (all oven types)
Safety memoranda no 50 FOB

Miscellaneous

*A guide to the Reporting of Injuries, Diseases and
Dangerous Occurrences Regulations 1995* L73 (Second
edition) HSE Books 1999 ISBN 0 7176 2431 5

RIDDOR explained HSE31(rev1) HSE Books 1999
Single copies free, multiple copies in priced packs
ISBN 0 7176 2441 2

European health and safety pack HS 100P GMB

Guide to the six pack USDAW and also BFAWU

Guidelines for health and safety reps BFAWU

Health and safety law: a guide for union reps LRD 1995

Hazards at work: TUC guide to health and safety HS060
TUC 1999 ISBN 1 85006 368 0

Health and safety at work Croner

*Restoring the balance: Women's health and safety at
work* Free leaflet TUC 1999

*Safe application of oxygen enriched atmospheres when
handling food: A manual explaining how to manage
oxygen-rich atmospheres safely* Publication News
CCFRA

Retort operations: A video training programme
Publication News CCFRA

Safe packaging of food and drink in glass containers
Leaflet CCFRA

While every effort has been made to ensure the
accuracy of the references listed in this publication, their
future availability cannot be guaranteed.

Where to obtain publications

ABPMM - Association of British Preserved Milk
Manufacturers 020 7486 7244

BCCCA - Biscuit, Cake, Chocolate and Confectionery
Alliance 020 7404 9111

BFAWU - Bakers, Food and Allied Workers Union
0170 7260 150

BLRA - Brewer Licensed Retailers Association
020 7486 4831

BMMA - British Meat Manufacturers Association
020 7828 1224

CCFRA - Campden and Chorleywood Food Research
Association 01386 842048

Croner Publications - 020 8547 3333

DIF - Dairy Industry Federation 020 7486 7244

DTI - Department of Trade and Industry 020 7215 5000

FDI - Food and Drink Federation and **FDNTO** - Food
and Drink National Training Organisation 020 7836 2460

FOB - Federation of Bakers 020 7420 7190

FVCA - Fruit and Vegetable Cannery Association
020 7836 2460

GMB - 020 8947 3131

ICHEME - Institute of Chemical Engineers
01788 378214

IR - Institute of Refrigeration 020 8647 7033

LRD - Labour Research Department 020 7928 3649

NABIM - National Association of Britain and Irish Millers
020 8537 3333

NAMB - National Association of Master Bakers
01920 468061

TGWU - Transport and General Workers Union
020 7611 2500

TUC - Trades Union Congress 020 7636 4030

UKAFFP - UK Association of Frozen Food Producers
020 7629 0655

UKASTA - UK Agricultural Supply Trade Association Ltd
020 7930 3611

USDAW - Union of Shop, Distributive and Allied Workers
0161 224 2804

HSE publications

See back page for details of how to obtain HSE
publications.

HSE priced and free publications are available by mail order from HSE Books, PO Box 1999, Sudbury, Suffolk CO10 2WA. Tel: 01787 881165 Fax: 01787 313995. Website: www.hsebooks.co.uk

HSE priced publications are also available from good booksellers.

For other enquiries ring HSE's InfoLine Tel: 08701 545500, or write to HSE's Information Centre, Broad Lane, Sheffield S3 7HQ. Website: www.hse.gov.uk

This leaflet contains notes on good practice which are not compulsory but which you may find helpful in considering what you need to do.

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