

RESPECT GREEN BURIAL PARK



TEL: 01427 612992
WWW.RESPECTGB.CO.UK

A Woodland Eco/Green Burial Park is a place where burial of loved ones take place in bio-degradable coffins / shrouds or even a favourite blanket, Grave spaces can be marked by the planting of a tree or maybe a bird box, hedgehog hide etc. The aim of the park is to meet the growing demand for Woodland Eco/ Green Burials offering choice to the community of environmentally friendly burials in meadows with native wildflowers to encourage butterflies, wildlife and birds. It is a multi-denominational burial facility with a separated section for the environmental burial of pets and a joint section for those like-minded people wishing to be buried along with their pets.

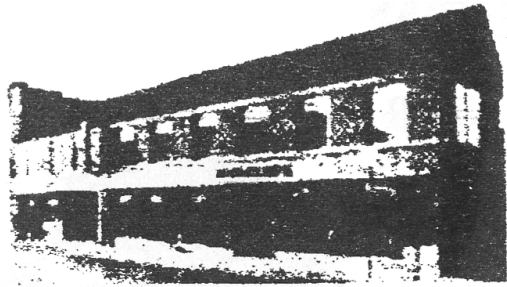
GAINSBOROUGH CARING ORGANISATIONS BOOKLET



TWENTIETH EDITION

2011

£1.00



Horsleys of Gainsborough

Main Store:

Furniture, Carpets,
Beds, Fancy Goods,
Lighting, Electrical

27 & 29 Church Street

Tel: (01427) 613014

Fax: (01427) 611426

**Bed Shop:
86 Church Street**



Volunteer Centre
West Lindsey

**Guildhall
Marshall's Yard
Gainsborough
DN21 2NA**

Voluntary Centre Services West Lindsey (VCSWL) supports community and voluntary groups, clubs and other organisations that operate for community benefit in the district of West Lindsey.

We are a registered charity and provide free advice, information and resources to help you:

- Find funding
- Recruit new volunteers
- Manage and train your volunteers and staff
- Set up a new group
- Grow and develop your group
- Create policies and procedures
- Publicise and promote your group
- Network with other groups



We run training courses and local networking events, offer funding advice and have a library of resources and books available for reference. VCSWL is a Registered Umbrella Body and can help your organisation process CRB checks.

The Volunteer Centre is a one-stop shop for volunteer recruitment in West Lindsey. We work with organisations from voluntary/community and public sectors to link people with voluntary opportunities that match their interests. We currently have information on over 150 volunteering opportunities in the district.

Your organisation can make use of our free service to advertise opportunities and recruit new volunteers. Opportunities registered with us can be advertised on the National Volunteering Database at: www.do-it.org.uk

If you are a group in need of help, or someone looking to volunteer, please don't hesitate to get in touch! You can call us on 01427 613470 or email info@vcswestlindsey.org.uk. Check out our website at www.voluntarycentreservices.org.uk.



Supported by
The National Lottery
through the Big Lottery Fund



INTRODUCTION

This booklet is published on behalf of the Gainsborough Churches in Partnership.

We hope you will find it a useful means of contacting a wide range of caring organisations in Gainsborough and District.

Please help us to keep the information accurate and up to date by notifying any changes to :

Mrs Louise Blanchard, Circuit Administrator, Gainsborough Methodist Church, c/o 7 The Avenue, Gainsborough, DN21 1EP or email : louiseblanchard@tesco.net.

We would like to thank all the organisations who have agreed to be included in the booklet along with the companies and organisations who have advertised who also contribute to make this booklet possible.

Donations to defray the cost of this edition may be sent to: -

Mrs Louise Blanchard at the above address. Cheques should be made payable to Gainsborough Methodist Circuit.

You can also view a pdf version of the booklet on the internet by visiting:

www.lgmethodistdistrict.org.uk/gainsborough/.

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CLIFF BRADLEY & SONS FUNERAL DIRECTORS LTD

41 HEATON STREET, GAINSBOROUGH,
LINCOLNSHIRE, DN21 2EA

01427 810619

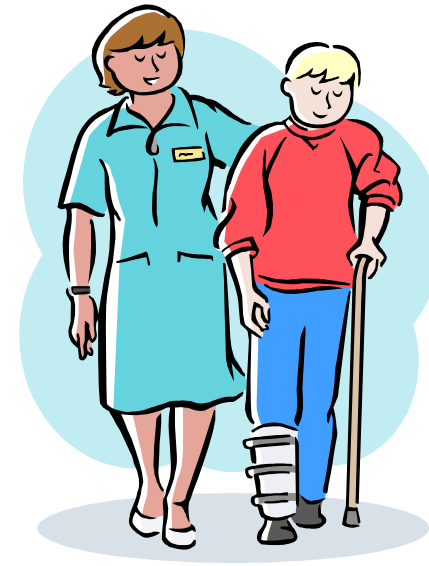
INDEPENDENT FAMILY BUSINESS

~
24 HOUR SERVICE

~
PRIVATE CHAPELS OF REST

~
OWN HEARSE & LIMOUSINES

~
PRE-PAID FUNERAL PLANS AVAILABLE



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ADVISORY

ADDACTION LINCOLN

26-30 Newland, Lincoln, LN1 1XG.
Tel: (01522) 301307 Fax: (01522) 543280
Web: www.addaction.org.uk

Helping individuals and communities to manage the effects of drug and alcohol misuse.

ALZHEIMER'S SOCIETY LINCOLNSHIRE

15 Sixfield Close, Lincoln, LN6 0EJ.
Tel: (01522) 692681

Email: lincoln@alzheimers.org.uk

We offer a Dementia Adviser Service and have several support groups across the county. Please contact us for further information.

DISABILITY LINCS LTD, ANCASTER DAY CENTRE

Boundary Street, Lincoln, LN5 8NJ.
Tel: (01522) 870602

Contact : Steve Blenkinsop

Email: disabilitylincsltd@ntlbusiness.com

Web: www.disabilitylincs.org.uk

Please ring for help and information.

FAMILY PLANNING CLINIC / GU CLINIC

Health Clinic, Hickman Street, Gainsborough, DN21 2DZ.
Tel: (01522) 539145

For an appointment please ring the above Lincoln number.

LINCOLNSHIRE HOME IMPROVEMENT AGENCY

Mercury House, Willoughton Drive, Foxby Lane Business Park, Gainsborough, DN21 1DY.

Tel: 0845 4509115 Fax : 0845 450 9114

Contact: Janet Whiberley Handy Person Co-Ordinator

Email: jwhiberley@lincshia.org

Help for elderly and disabled home owners who have problems with their property. Free advice. We are here to help older disabled home owners to repair, improve, maintain or adapt their homes in order that they can continue to live independently in comfort, safety and security.

LINCOLNSHIRE LOCAL INVOLEMENT NETWORK (LINK)

Unit 11, Evans Business Centre, Gateway Park, Lincoln, LN6 9UH.

Tel: (01522) 705190

Web: www.lincolnshirelink.org.uk

Email: lincolnshirelink@shaw-trust.org.uk

LINK stands for Local Involvement Network. The job of the LINK is to support local communities to have a right to be involved in discussions and decisions about their health and social care services. The LINK feeds this information back to the providers, helping them to plan and deliver better services that reflect the wishes of local people.

LINCOLNSHIRE PROBATION TRUST

Police Station, Morton Road, Gainsborough, DN21 2SY.

Tel: (01427) 612260

Fax: (01427) 612975

Web: www.lincolnshireprobationtrust.org.uk

RELATE IN LINCOLNSHIRE

The Clinic, Hickman Street, Gainsborough, DN21 2DZ.

Tel: (01522) 524922 for an appointment.

Confidential relationship counselling.

Web: www.relate-lincs.co.uk

ROYAL BRITISH LEGION

Tel: (01427) 616852

Contact: Mr M Wragg, Chairman

Secretary: Mrs Mary Cook, Tel : (01427) 613441

Help for ex-service personnel and dependants. Meeting held at the United Services

Club every third Thursday of the month at 1.30 pm.

Contact: Mr Bill Gabbott (Service Committee Sec.)

Tel : (01724) 732132

66 Cemetery Road, Winterton, Scunthorpe, North Lincolnshire, DN15 9UQ.

County Office: 1 The Stables, Wellingore Hall, Lincoln, LN5 0HU.

Email: mwrgg@aol.com

Web: www.lincolnshire.britishlegion.org.uk

SAMARITANS

17 Hungate, Lincoln, Lincolnshire, LN1 1ES.

Tel: (08457) 90 90 90*

Email: jo@samaritans.org

Web: www.samaritans.org.uk

* Please see website for latest call charge details.

Samaritans provides confidential non-judgemental emotional support, 24 hours a day for people who are experiencing feelings of distress or despair, including those which could lead to suicide.

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SOCIAL SERVICES

The Guildhall, Marshalls Yard, Gainsborough, DN21 2NA.

Tel : (01427) 676470

The assessment of people who are in need and the arrangement of supportive and/or specialist services to meet those needs. This includes working with children and their families, adults and their carers and those who are disabled.

THE PORTLAND SUITE

The New Avenue, 26/30 Newlands, Lincoln, LN1 1XG.

Tel: (01522) 301355

Open 10 am – 4 pm Monday to Friday. Closed for lunch 12.30—1.00 pm.

A 24 hours answering machine is available out of hours.

Free and confidential drop-in service for advice on HIV; needle and paraphernalia provision for injecting drug users; advice on safer injecting for intravenous injectors and steroid users; testing for HIV, Syphilis, Hepatitis A, B & C; free condoms and lubricants; pregnancy testing.

VICTIM SUPPORT (LINCOLNSHIRE)

First Floor, 2 Tentercroft Street, Lincoln, LN5 7DB.

Tel: (01522) 542687 Fax: (01522) 514282

Email: debbie.wheeler@victimsupport.org.uk

Web: www.victimsupport.org.uk

We offer practical and emotional support to victims of crime and support witnesses attending court.

WEST LINDSEY CITIZENS ADVICE BUREAU

26 North Street, Gainsborough, DN21 2HU.

Tel: (Advice Line) 0844 111444

Appointment Line: (01427) 810914

Call or drop in: Monday, Tuesday and Wednesday 9.30 am - 1.30 pm.

Gateway Assessments, drop in on Thursday from 9.30 – 12.30 pm.

Fax: (01427) 810914

WEST LINDSEY WOMEN'S AID

GAINSBOROUGH WOMEN'S CENTRE

Unit 2, 9 Lord Street, Gainsborough, DN21 2DD.

If your life is being affected in anyway by domestic abuse (emotional, physical, financial or sexual abuse) then the women's centre can offer you a safe friendly environment where any problems or concerns can be discussed in complete confidence.

Please call in for a chat or telephone (01427) 616219.

Web: www.westlindseywomensaid.co.uk

CHARITIES

GAINSBOROUGH AND DISTRICT AID IN SICKNESS TRUST

Tel: (01427) 668681

Contact: Mrs A Vickers

Help with financial problems due to sickness eg. Travel to hospital appointments, special diets and equipment.

GAINSBOROUGH DISPENSARY CHARITY

Orchard Cottage, Summer Hill, Gainsborough, DN21 1HQ.

Tel: (01427) 610415

Contact: Mrs Joan Howitt

Charity for the poor of Gainsborough and Morton.

GAINSBOROUGH EDUCATIONAL CHARITY

(A Registered Charity-No. 527299)

c/o Burton & Dyson Solicitors, 22 Market Place, Gainsborough, DN21 2BZ.

Contact: Maria Bradley - Tel: (01427) 610761

Web: www.burtondyson.com

Financial assistance for educational purposes. Applicants must be between the age of 11 - 25 years and the applicant or their parents must live in Morton, Gainsborough or Lea.

JOSHUA TYLER'S CHARITY (MORTON)

c/o Burton & Dyson Solicitors, 22 Market Place, Gainsborough, DN21 2BZ.

Contact: Maria Bradley - Tel: (01427) 616043

Web: www.burtondyson.com

Charity for Educational Foundation. Also provides grants to people on low incomes or in receipt of benefits for a wide range of needs.

LCDP

The Old Vicarage, Croft Street, Lincoln, LN5 7PQ.

Tel : 01522 533510

Contact : The BME Team

Email: enquiries@lcdp.org.uk

Web: www.lcdp.org.uk

LCDP is a Community Development charity, established in 1997, to work alongside people of all backgrounds in their communities. We currently employ over 20 staff across the county engaged in a variety of projects designed to create opportunities for local people to improve their quality of life.

LCDP - Black and Minority Ethnic (BME) Community Development Project.

The BME project at LCDP works with local BME individuals and communities, with a specific focus on activities that will benefit health and wellbeing.

WHITE'S WOOD LANE COMMUNITY JUNIOR SCHOOL

White's Wood Lane, Gainsborough, DN21 1TJ.

Tel: (01427) 613097

Email: info@whiteswoodlane.lincs.sch.uk

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HILLCREST COMMUNITY INFANT AND NURSERY SCHOOL

Heapham Road, Gainsborough, DN21 1SW.

Tel: (01427) 613483.

Email: enquiries@hillcrest.lincs.sch.uk

Web : www.gainsboroughhillcrest.co.uk

Infant and Nursery School. All visitors are warmly welcomed to see our wonderful school.

NORTH COUNTY PRIMARY SCHOOL

Ropery Road, Gainsborough, DN21 2PD.

Tel: (01427) 612572

Primary School.

PARISH CHURCH PRIMARY SCHOOL

Acland Street, Gainsborough, DN21 2LN.

Tel: (01427) 612554

Primary School.

QUEEN ELIZABETH'S HIGH SCHOOL

Morton Terrace, Gainsborough, DN21 2ST.

Tel: (01427) 612354

Secondary School.

ROPERY PRE-SCHOOL AND DAY NURSERY

GEYCC, North Marsh Road, Gainsborough, Lincolnshire, DN21 2RR.

Tel : (01427) 614278

Web: www.ropery@pre-school.org.uk

The day nursery is owned by Pre-School Learning Alliance and accommodates children aged 6 weeks to school age. Open: 8am-5pm, 51 weeks per year.

Managers: Diane Dixon/Jodie Owen

ST GEORGES COMMUNITY PRIMARY SCHOOL

Lindsey Close, Gainsborough, DN21 1YN.

Tel: (01427) 612553

Primary School.

TRENT VALLEY ACADEMY

Sweyn Lane, Gainsborough, Lincolnshire, DN21 1PB.

Tel: (01427) 612411

Email: admin@trentva.org.uk

Web: www.trentva.org.uk

Secondary School specialising in performing arts and technology.

WARREN WOOD COMMUNITY SCHOOL

Middlefield Lane, Gainsborough, DN21 1PU.

Tel: (01427) 615498

Special School for children with moderate learning difficulties and behavioural difficulties.

NACRO SERVICES, GAINSBOROUGH

2 North Parade, Gainsborough, DN21 1UH.

Tel: (01427) 617757 Fax: (01427) 678012

Email: jamie.wrath@nacro.org.uk (supported housing),

michele.thompson@nacro.org.uk (countywide floating support),

Web: www.nacro.org.uk

We are a crime reduction charity and we provide:

A Floating Support service:

supporting people who are either ex-offenders or are at risk of offending, to maintain a tenancy or to obtain and set up a tenancy.

This is a countywide service.

Supported Accommodation:

We also have ten bed-spaces of supported accommodation available in Gainsborough which are for offenders and those at risk of offending. In both schemes, a comprehensive support package is tailored to the individual, based upon a joint assessment of need.

PAROCHIAL CHARITIES, GAINSBOROUGH/FRANCIS BARKER CHARITY

c/o Burton & Dyson Solicitors, 22 Market Place, Gainsborough, DN21 2BZ.

Contact : Maria Bradley - Tel (01427) 610761

Web: www.burtondyson.com

Charities connected with Gainsborough Churches.

ROTARY CLUB

Tel: (01427) 848395

Contact: Andrew McDonald (Secretary)

The club helps in many voluntary capacities.

STOP HATE CRIME

A Hate Crime or Incident is any behaviour that you or someone else thinks was caused by hostility, prejudice or hatred of a disability, gender identity, race, religion, faith, belief, or sexual orientation.

It is important that **all** Hate Crimes are reported so we can support victims and witnesses and make sure action is taken against perpetrators.

Anyone can be a victim of Hate Crime.

Hate Crimes are **illegal**

Stop Hate UK is a charity that provides independent and confidential support. You can remain anonymous. We are here:

On the phone : 0800 138 1625

Text Relay for deaf, hearing or speech impaired callers on : 18001 0800 138 1625

Text: 07717 989 025

Email: talk@stophateuk.org

Web: www.stophateuk.org where you can chat (/talk) or fill in a form (/tell).

In the post : Stop Hate UK, P O Box 484, Leeds, LS7 9BZ

CHILDREN & YOUNG PEOPLE

CARERS & TODDLERS LUNCHES

Gainsborough Methodist Church, North Street, Roseway, Gainsborough, DN21 2HP.
Tuesdays 12.00 - 1.00 pm followed by Movers & Shakers 1.00 - 1.45pm. All
parents, carers and childminders welcome.

Tel: (01427) 610057

Contact: Rev Liz Childs

Email : elizachilds@tiscali.co.uk

CENTRE SCREEN WEST LINDSEY

c/o Trinity Arts Centre, Trinity Street, Gainsborough, DN21 2AL.

Tel: (01427) 676137

Contact: Kevin Dunbar

Email: kevin.dunbar@west-lindsey.gov.uk

Centre Screen is a brand new rural touring cinema venture, based at the Trinity Arts
Centre. The scheme will run within the West Lindsey District Council area and is in
partnership with the Big Country Rural Cinema Network www.centrescreen.net.

CHILDLINE

Freephone 0800 1111

Web: www.childline.org.uk

For children in trouble or danger. You can talk to us about anything.

CHILDRENS LINKS

Holland House, Horncastle College, Mareham Road, Horncastle, LN9 6BW.

Tel: (01507) 528300

Web : www.childrenslinks.org.uk

Children's Links exists to improve the quality of children's, parents' and families' life
experiences. Services delivered are focused on user needs, responsive to
community need and multiple needs, and tailored for each individual area.

CHILDRENS RESIDENTIAL HOME

33 Northolme, Gainsborough, DN21 2JB.

Tel: (01427) 613232

Contact : Jeanette Mitchell-Fox, Unit Manager

Regulated under Lincolnshire Childrens Services.

GAINSBOROUGH ADVENTURE PLAYGROUND ASSOCIATION

Riseholme Road, Gainsborough, DN21 1NL.

Contact : Lisa Pinkney

Tel: (01427) 617165

GAPA offers a wide range of play sessions, groups and activities for families with
children aged 0-14 years old in their purpose built building and 2 1/2 acre site.

SCHOOLS & COLLEGES

AEGIR COMMUNITY SCHOOL

Sweyn Lane, Gainsborough, Lincolnshire, DN21 1PB.

Tel: (01427) 619360

Secondary school for students with additional needs

CHARLES BAINES COMMUNITY PRIMARY SCHOOL

Baines Road, Gainsborough, DN21 1TE.

Tel: (01427) 613812

Primary School. Pre-school also on site. See Honey Pot Pre-School entry.

GAINSBOROUGH BENJAMIN ADLARD COMMUNITY SCHOOL

Sandsfield Lane, Gainsborough, DN21 1DB.

Tel: (01427) 612562

Primary School. Also, 26 place Nursery – 5 mornings a week from 9.00 am – 12.00
noon. Our nursery offers a friendly, welcoming, stimulating and well-resourced
learning environment. Please feel free to visit our setting.

GAINSBOROUGH COLLEGE

Acland Street, Gainsborough, DN21 2SU.

Tel: (01427) 617471

Email : gainsenquiries@lincolncollege.ac.uk

Careers Adviser available to give guidance advice and information about career and
education opportunities. Appointments can be booked through college reception.

This is a free, confidential service without obligation for anyone aged 16+.

Hair and Beauty Salon - please phone Reception to make your appointment
- various treatments available.

GAINSBOROUGH NURSERY SCHOOL

North Marsh Road, Gainsborough, Lincolnshire, DN21 2RR.

Tel : (01427) 811610

A local authority nursery school for children aged 3 to school age.

Head Teacher: Jo Noble

HONEY POT PRE-SCHOOL – Call 07917 111363

Charles Baines Community School, Baines Road, Gainsborough, DN21 1TE.

Morning session Monday – Friday : 9.00am to 12.00 noon.

Afternoon session Monday – Friday : 12.30 to 3.30 pm

Children's pre-school playgroup.

HANDEL HOUSE PREPARATORY SCHOOL

Northolme, Gainsborough, DN21 2JB.

Tel: (01427) 612426

Independent private co-educational day school in Lincolnshire of 75+ pupils for
children aged 2 to 11 years. Non denominational school.

Web: www.handelhouseschool.com

Neighbourhood Policing Teams

Town Centre Community Support Officers

PC 1241 Martin Yeates, Community Beat Manager – 07796 186664, PCSO 2260
Chris Pearson – 07939 996594, PCSO 2115 Tracey Burnett – 07939 312682 and
PCSO 2141 Will Bonney.

Gainsborough Rural North (Morton/Scotter)

PC 1367 Ian Cotton - Community Beat Manager – 07939 896193, PCSO 2091 Bill
Thomas – 07944 776816 and PCSO 2297 Ange Raper - 07500 920222

Gainsborough Rural South (Saxilby)

PC 326 Martin Doherty, Community Beat Manager, PCSO Sonia Robinson, PCSO
2270 Melanie Goodwill.

Gainsborough Uphill Station

2 Sturgate Walk, DN21 1UW Tel: 01427 810460

PC 848 Ian Shaw, Community Beat Manager – 07939 988734, PCSO 2214 Penny
Smith – 07939 985109, PCSO 2036 Glen Patchett- 07939 985109

Lea and South West

PC 1299 Rebeka Oakley, Community Beat Manager – 07939 894026, PCSO 2217
Sarah Gibson – 07796 268107, PCSO 2256 Mel Crabtree – 07825 100381

Web : www.lincs.police.uk

ON TRENT

Tel: (01889) 880100 for information regarding the River Trent project

Tel: (01636) 704481 for information regarding the Trent Vale Project between
Newark and Gainsborough.

Web: www.ontrent.org.uk

This project is working to secure a sustainable balance between the natural and
historic heritage, agriculture, commercial activity and development along the River
Trent.

RSPCA

Tel: Advice Line 0300 1234 555 / Cruelty Line 0300 1234 999

Web: www.rspca.org.uk

Help and advice about animals in need.

SOUNDLINCS

Garmston Court, 18 St Martin's Lane, Lincoln, LN2 1HY.

Tel: (01522) 510073

Email: info@soundlincs.org

Web: www.soundlincs.org

Lincolnshire Music Development Agency - was formed to enhance, enable, and
encourage music making throughout the County of Lincolnshire, working in every
music style and with all members of the community.

VOLUNTARY CENTRE SERVICES WEST LINDSEY (VCSWL)

The Guildhall, Marshall's Yard, Gainsborough, Lincolnshire, DN21 2NA.

Tel : (01427) 613470

Email: info@vcswestlindsey.org.uk

Web: www.voluntarycentreservices.org.uk

GAINSBOROUGH CHILDREN'S CENTRE

Market Arcade, Gainsborough, DN21 2DY.

Tel: (01427) 617767

Fax: (01427) 676119

Contact : Elizabeth Taylor

Voluntary and Statutory Organisations working together to provide support and
information for families and carers of pre-school aged children and parents to be.

Open Mon - Fri. 8.30 - 5.00 Services include:

Riverside Day Nursery Mon - Fri. 8.00 - 6.00. Drop-In for tea/coffee, friendship, fun
and support for parents and children Mon-Fri 9.00-4.00 pm.

Action for Children Crèche 9.15 - 12.15 Mondays during term time; Baby Cafe

Breastfeeding Group 12.00 - 13.30 on Tuesdays; PEEP Groups every Wednesday
during term time; Childminders Drop In 9.30 - 11.30 on Thursdays; Toy Library 1.00-

2.30 on Thursdays; Funky Friday Messy Play 10.00 - 11.15 on Fridays; Men

Behaving Dadly (dads and male carers group) 10.00 - 11.30 on the first and third

Saturday of the month. This is just a small selection of what we have on offer,

please call in at the Children's Centre or phone us to find out more.

GAINSBOROUGH EARLY YEARS CHILDREN CENTRE

North Marsh Road, Gainsborough, Lincolnshire, DN21 2RR.

Tel (01427) 811610

Help and advice is offered from our skilled members of staff.

Head of Centre: Jo Noble.

GAINSBOROUGH JUNIOR YOUTH GROUP (GYGKIDS)

Gainsborough Methodist Church, North Street, Gainsborough, DN21 2HP.

Held every Tuesday between 5.00 and 7.00 pm. Ages 8-12 during term time.

Cost £1 per week.

Tuck Shop available.

Tel: 07792626484

Web: www.gainsboroughyouthgroup.webs.co.uk

GAINSBOROUGH YOUTH GROUP (GYG)

Gainsborough Methodist Church, North Street, Gainsborough, DN21 2HP.

Held every Thursday between 7.00 and 9.00 pm. Ages 13- 18 during term time.

Cost £1 per week.

Tuck Shop available.

Tel: 07792626484

Web: www.gainsboroughyouthgroup.webs.co.uk

GIRLGUIDING GAINSBOROUGH DIVISION

13 Hawthorn Grove, Gainsborough, DN21 1ES.

For details of Rainbow, Brownie, Guide and Ranger units in the area please ring the

Division Commissioner - Ms Ruth Page, Tel: (01427) 610107

GIRLS' BRIGADE—1st GAINSBOROUGH COMPANY

Gainsborough Methodist Church, North Street, Gainsborough, DN21 2HP.

Tel: (01427) 810305

Contact: Nicola Locking

Meets Friday 7 pm to 9 pm. 5 yrs to 18 yrs (term time)

This is a uniformed Christian organisation.

HOME-START GAINSBOROUGH

18 Market Street, Gainsborough, DN21 2BE.

Tel/Fax: (01427) 677445

Email: homestart.gainsborough@btconnect.com

Contact: Tina Staples (Co-ordinator) Office hours 9am - 4pm

Support and friendship for families with children under 5. Drop-In service available at Gainsborough Children's Centre.

LINCOLNSHIRE COUNCIL FOR VOLUNTARY YOUTH SERVICES (LCVYS)

Tel: 07809 464 887

Web : www.lcvys.com

Voluntary youth service that provides support to those working with children and young people across Lincolnshire .

LITTLE TIGERS MOTHER & TODDLER GROUP

At New Life Christian Fellowship, Middlefield Lane, Gainsborough, DN21 1UN.

Tel: 07909178454

Mondays 9.45 - 11.30 am, 1.00 - 2.30 pm.

NATIONAL DEAF CHILDREN'S SOCIETY

NDCS Freephone Helpline 0808 800 8880 (voice and text)

Family Officer for East Midlands - Mary McInnes

Email: helpline@ndcs.org.uk

Web: www.ndcs.org.uk

The National Deaf Children's Society (NDCS) is the national charity dedicated to creating a world without barriers for deaf children and young people. NDCS is an organisation of families, parents and carers, providing emotional and practical support through our Freephone Helpline, our network of trained support workers, our wide range of other support services and our publications and website.

If you have any questions please do not hesitate to get in touch with us again. You can also call our Freephone Helpline (Monday to Friday 9.30am to 5pm) on 0808 800 8880 (voice and text).

NSPCC HELPLINE

Tel: 0808 800 500

Textphone for deaf/those with hearing impairments 0800 056 0566

The NSPCC Helpline is a service for anyone concerned about the safety or welfare of a child. You can contact the helpline 24 hours a day, seven days a week by phone, email or online.

Email: help@nspcc.org.uk

Web: www.nspcc.org.uk

GAINSBOROUGH TRAVELLER INITIATIVE

Tel: 07982634640

Email: sam@gainsboroughtravellerinitiative.com

Web: www.gainsboroughtravellerinitiative.com

To provide life long learning to Traveller communities throughout Lincolnshire by accessing a range of courses from different providers. Also developing our own courses for on-site provision and provide a lap top loan scheme.

HOME OPTIONS TEAM

West Lindsey District Council, Guildhall, Marshalls Yard, Gainsborough, DN21 2NA.

Tel: (01427) 676676

Email: home.options@west-lindsey.gov.uk

Offering a free, impartial housing options advice service, homelessness prevention service and housing support.

LINCOLNSHIRE CO-OPERATIVE DEVELOPMENT AGENCY

Commerce House, Outer Circle Road, Lincoln, LN2 4HY.

Tel: (01522) 845005

E-mail: info@lincolnshirecda.coop

Web: www.lincolnshirecda.coop

Advisors who provide information, advice and support services to potential, emerging and established Social and Co-operative Enterprises across Lincolnshire, Rutland and parts of Nottinghamshire.

LINCOLNSHIRE CREDIT UNION LTD

Admin. Office 18 High Street, Lincoln, LN5 8BE.

Contact: Emma or Jill Tel: (01522) 528886 Mon—Fri, 10 am.—3 pm.

Web: www.lincolnshirecreditunion.org.uk

Lincolnshire Credit Union is your local community bank and offers access to safe savings (we pay into the Financial Services Compensation Scheme) and access to affordable loans regardless of previous credit history.

LINCOLNSHIRE POLICE

Gainsborough Police Station

Morton Road, Gainsborough, DN21 2SY.

Station open from 9.00 am – 5.00 pm (Mon - Fri)

Tel: (01427) 810910

Force Ops: 0300 111 0300 for all non-emergency calls, or if you need to report an incident.

(cont'd over page)

Monday – 2.00-3.30 pm ~ Seated Exercise ~ *free refreshments* at Newlands Court, Gainsborough.

Wednesdays 10.00–11.00am ~ Active/Seated at Lea Village Hall.

Wednesdays 11.30-12.45 pm ~ Seated Exercise ~ *free refreshments* at Pillared House, Primrose Street, Gainsborough.

Wednesdays 1.30-3.00 pm ~ Active/Seated ~ *free refreshments* at Walkeringham Village Hall.

Thursdays - 1.30-2.30 pm ~ Active at The Studio North Street, Gainsborough

OTHER ORGANISATIONS

CHRISTIAN AID GAINSBOROUGH & DISTRICT GROUP

17 Willingham Road, Lea, Gainsborough, DN21 5EN.

Contact: Mrs May Greenaway on (01427) 612820

CRIME STOPPERS TRUST

Tel: (0800) 555 111 Freephone

Call anonymously with information about crime, or report using our on-line form.

Your call cannot be traced.

Web : www.crimestoppers-uk.org

GAINSBOROUGH FURNITURE RESOURCE CENTRE (GFRC)

Acis House, Bridge Street, Gainsborough, DN21 1GG

Tel: (01427) 675804

Office hours are Monday to Thursday 9am to 5pm and Friday 9am – 4pm.

Furniture selection and times out of normal hours are by appointment only.

Email: GFRC@acisgroup.co.uk

Web: gfrfc.org.uk

We collect furniture in good clean condition from the general public/local businesses, free of charge within a 12 mile radius of Gainsborough. We redistribute the furniture to people in our community. All our clients are referred to us through a registered agency such as Home Start, Social Services, ACIS, Women's Refuge, and Help the Aged, to name just a few.

JEHOVAH'S WITNESSES

Kingdom Hall, 2 North Warren Road, Gainsborough, DN21 2TT.

Tel: (01427) 811866

This is a religious group and will offer help and support in all aspects of everyday life and social situations.

Meet Thursdays 7.00 pm and Sunday morning 9.45 am.

PASS IT ON SHOP

70 Church Street, Gainsborough, DN21 2JR.

Tel: (01427) 615005 or 677445

Helping support Home-Start

We urgently need donations of clothing, shoes, bags, toys, games, household items (sheets, towels, curtains).

All donations are greatly appreciated.

Volunteers always needed—you could meet new people and learn and share skills, gain your NVQ1 & 2 in retail and attend other courses such as First Aid and Health and Safety—all of which are FREE.

SCOUTS – GAINSBOROUGH DISTRICT

Contact : Mr Robert Fall, District Scout Commissioner

Tel: (01427) 613437

District Scout Website : www.gainsboroughscouts.org.uk

1st Gainsborough Scout Group

Morton Village Hall, Walkerith Road, Morton, DN21 3AL.

Beavers and Cub Scouts.

Contact: Mrs J Baldock - Tel: (01427) 810011

3rd Gainsborough Scout Group

Whiteswood Lane Scout Headquarters, Whiteswood Lane, Gainsborough, DN21 1TQ

Beavers, Cub Scouts, Scouts and Explorer Scouts.

Contact : Mr R Fall - Tel: (01427) 613437.

Web: www.3rdgainsborough.org.uk

6th Gainsborough Scout Group (Sea Scouts)

Love Lane Scout Headquarters, Love Lane, Gainsborough, DN21 2SG.

Beavers, Cub Scouts, Scouts and Explorer Scouts.

Contact : Mr J Swatton - Tel: (01427) 615036.

14th Gainsborough Scout Group

Sandsfield Lane Scout Headquarters, Sandsfield Lane, Gainsborough.

Beavers, Cub Scouts, Scouts and Explorer Scouts.

Contact: Mr A Clapham - Tel: (01427) 612546

E-mail: webmaster@14thgainsborough.org.uk

Web: www.14thgainsborough.org.uk

18th Gainsborough Scout Group

Haxey Scout Headquarters.

Beavers, Cub Scouts, Scouts and Explorer Scouts.

Contact : Mrs M Potter – Tel: (01427) 752569

1st Beckingham Scout Group

Beckingham Village Hall, Beckingham.

Beavers, Cub Scouts, Scouts and Explorer Scouts.

Contact : Mrs T Burnett – Tel: (01427) 610715

1st Willingham Scout Group

Willingham Village Hall, High Street, Willingham.

Beavers, Cub Scouts, Scouts and Explorer Scouts.

Contact : Mrs P Dunderdale (01427) 788347

Web: www.1stwillingham.org.uk

2nd Market Rasen Scout Group

Market Rasen Scout Headquarters.

Beavers, Cub Scouts, Scouts and Explorer Scouts.

Contact : Mrs J Collinson-Albon – Tel: (01673) 844620

STRUT IN THE COMMUNITY

Outer Circle Road, Lincoln, LN2 4HX.

Tel: (01522) 527292

Web: www.strutcare.com

Providing services for children with disabilities ie. youth clubs, play schemes and after school clubs.

Care in the Community for children.

Web: www.strutinthecommunity.com

THE WARREN FAMILY CENTRE

North Warren Road, Gainsborough, DN21 2TT.

Tel & Fax: (01427) 678061

Social Services.

TOTAL VOICE LINCOLNSHIRE

What is Total Voice? - Total Voice Lincolnshire provides a free, confidential and independent service to people with mental ill health, learning disability, physical disability and sensory impairments. Working in partnership with The Healthy Hub, we provide an advocacy and involvement service throughout Lincolnshire to people who are using adult social care and or secondary mental health services.

Your Voice—Total Voice supports and empowers people to get their voices heard and speak about issues they have or the things that they want improved. We can work with you on an individual basis or as part of larger group forums that are held regularly throughout Lincolnshire.

Your Choice—We believe that people have the right to live the way they choose. We will help you explore your options and understand your rights and will support you in the choices that you make.

Contact Total Voice on:

Phone: (01522) 706580

Email: tv@voiceability.org

Web site: www.totalvoicelincolnshire.org

Gregg Chapman, **Referrals & Information Coordinator, Total Voice Lincolnshire**

Email: Gregg.chapman@voiceability.org

General Enquiries: 01522 706 580 | Referrals Line: 01522 706 597 |

Fax: 01522 702 555

Referral Email: tv@voiceability.org

Web Site: <http://www.totalvoicelincolnshire.org>

Unit 4/5 Saxilby Enterprise Park, Skellingthorpe Road, Saxilby, Lincolnshire, LN1 2LR

We have changed our name. On 1st December Advocacy Partners Speaking Up became VoiceAbility. Look out for updates on our website, www.speakingup.org and from 1st December on www.voiceability.org

Therapyworks4U (registered with Counselling Directory)

If you have difficulties with: anxiety, depression, phobias, addictions, childhood traumas, confidence, pain, relationships, loss/bereavement...

My approach to counselling/psychotherapy/hypnotherapy involves you as the client in the process and empowers you to make desired changes in your life.

I will enable you to discover the life you really want to live and learn how to live it!

Take that step to make those changes now.

I see clients in the Gainsborough area of Lincolnshire so contact me by phone or email for an assessment appointment.

Contact : Jan Baker, RGN Adv. Dip. Couns., NLP Practitioner, Reg. Hypnotherapist ABH, Psychotherapist in training

Tel: 07831 834110

Email: jan@therapyworks4u.co.uk

Website: www.therapyworks4u.co.uk

THE RIVERSIDE CLINIC

60 Bridge Street, Gainsborough, DN21 1LS.

Tel: (01427) 678754

Web : www.theriversideclinic.co.uk

Offers acupuncture, aromatherapy, homeopathy, osteopathy, reflexology, Indian head massage, herbal medicine, massage, hopi candleing, lastone therapy.

TRANQUILITY LIFESTYLE with Liz Clews

2 Tudor Drive Morton Gainsborough Lincolnshire DN21 3BG

Email: lizclews@btinternet.com

Website: www.tranquility-lifestyle.co.uk

Liz Clews (01427) 615608 - 0775 196 4832

For varied teaching covering all aspects of health & well being from ages 2 yrs to 90+ yrs.

Yoga Pilates & Relaxation

Liz use 3 styles of yoga to compliment all aspects of the body.

Suitable for all ages and abilities.

Monday - 6.30-7.45pm at Scotter School

Tuesdays and Thursdays 6.00-7.00 pm at Marshalls Sports Pavillion, Middlefield Lane, Gainsborough.

Fridays – 10.00-11.00 am at Morton Village Hall, Morton, Nr Gainsborough.

Group teaching with Yoga Bugs for pre school.

One to Ones specialising in confidence building, self development, problems back and all chronic ailments to strengthen physically and mentally, getting you back to being **YOU Again!**

Confidence Courses - small groups including corporate.

Vitality & West Lindsey Mature Fitness

Fitness for the over 50's or less able person. Active & Seated exercise for all levels of ability including obesity, strokes, or age relating ailments.

Bringing Music and Movement to you.

(cont'd over page)

ST BARNABAS HOSPICE

36 Nettleham Road, Lincoln, LN2 1RE.

Tel: (01522) 511566

Providing care and support for those living with a life threatening illness.

The following are based at : 12 Cardinal Close, Lincoln, LN2 4SY.

Fundraising Department : Tel: (01522) 540300

St Barnabas Shops : Tel: (01522) 559500

Web: www.stbarnabashospice.co.uk

ST BARNABAS LINCOLNSHIRE HOSPICE

Gainsborough Nurses, St Barnabas Lincolnshire Hospice, St Barnabas Lincolnshire Hospice, Administration, Gainsborough Day Hospice, Front Street, Morton, Gainsborough DN21 3AD.

Tel: (01427) 679429

www.stbarnabashospice.co.uk

ST JOHN AMBULANCE BRIGADE

11A Spital Terrace, Gainsborough, DN21 2HD.

Contact Adults : Mr P Crompton Tel: (01522) 523701 via County Headquarters)

Email : peter.crompton53@btinternet.com

(First Aid Courses, Adults and Cadets)

Contact Cadets : Mrs Paula Reid

Email : kphide143@yahoo.co.uk

Contact Badgers : Miss Bethany Esom

Help and training on first aid.

For public first aid courses contact County Headquarters Tel: (01522) 523701

THE CARERS TEAM – LINCOLNSHIRE COUNTY COUNCIL

Tel: (01522) 782224 Fax: (01522) 516038

Email: Carers_team@lincolnshire.gov.uk

The Carers Team recognise that caring can have a major impact on carers' lives and having help and support throughout can make your caring role easier. The Carers Team is made up of a range of dedicated support workers who will endeavour to help and support you through the challenges you face as a carer. The Carers Team support carers across Lincolnshire.

TRINITY PERFORMING ARTS CENTRE

Trinity Street, Gainsborough, Lincolnshire, DN21 2AL.

Box office: (01427) 676655

Web: www.trinityarts.co.uk

Offers a diverse range of events including theatre, film, music, dance, kid's club and stand up comedy.

We are also the base for Centre Screen West Lindsey a rural touring cinema.

For details, please see entry for Centre Screen West Lindsey.

YaSIG

142 Bridge Street, Gainsborough, Lincolnshire, DN21 1LP.

Tel : (01427) 810100

Web: www.yasig.org.uk

YaSiG (Young and Safe in Gainsborough) offer a diverse range of services and activities for young people aged 13 to 24 in the local and surrounding areas of Gainsborough.

YaSiG's services include an alternative education programme for young people who may be experiencing difficulties in school. Within this provision we offer a motorcycle course including workshop activities and riding at our track. We have a sports initiative involving the delivery of a variety of sports qualifications aimed at NEET (Not in Education Employment or Training) young people.

Computer courses for beginners also available with free expert tuition covering use of a keyboard and mouse, online basics, how to search online, and how to stay safe online. To book an appointment call (01427) 810100. Alternatively, you can email Oliver.riggall@yasig.co.uk

YOUTH CENTRE

The Valley Youth Centre, Gainsborough Education Village, Sweyn Lane, Gainsborough, DN21 1PB

Tel: (01427) 612379

The youth centre opens Monday, Tuesday & Thursday 7pm-9:30pm and works effectively with young people, mainly aged between 13-19 years, particularly where life opportunities are not being realized. We offer a wide range of creative learning opportunities, which encourage and support participation and promote personal development.

CHURCHES

All the Churches listed below hold services.

ALL SAINTS' CHURCH

Church Street, Gainsborough, DN21 2JR

Tel: (01427) 611036 (Verger: Eddie Scarsbrook)

The Curate Rev. Gill Barrow - Tel: (01427) 616701

Churchwardens - Joan Knight, Tel: (01427) 610413;

Fiona Norton, Tel: (01427) 611565

Main Service 10.30 am.

St. Paul's Church - Morton Main Service 9 am. (Except 1st Sunday of the month).

Churchwardens - Derrick Hill (01427)611675.

ALL SAINTS', LAUGHTON

Contact: Helen Spilman (01427) 628678

Priest in Charge Rev Mark Briscoe (01427) 629105

ALL SAINTS', PILHAM

Contact: Mrs Connie Sleight (01427) 628218

METHODIST CHURCHES

Gainsborough Methodist Church, Upton Methodist Church, Lea Methodist Church, Marton Methodist Church. Sunday Service Times 10.30 am. Marton 3pm or 6 pm.

Willingham House Group meet on the 1st Wednesday of the month at 10.30 am.

The Contact for all the above Methodist Churches is:

Rev. Keith Lackenby

Tel: (01427) 612913

Email: kslackenby@btinternet.com

Web: www.lgmethodistdistrict.org.uk/gainsborough

NEW LIFE CHRISTIAN FELLOWSHIP

Middlefield Lane, Gainsborough, DN21 1UN.

Tel: (01427) 613606

Contact: Mr P McGuigan

Sunday Services 10.30 am. & 6.00 pm.

QUAKERS (GAINSBOROUGH SOCIETY OF FRIENDS)

22 Market Street, Gainsborough, DN21 2BE.

Contact : Mrs Margaret Latchford

21 Birch Grove, Torksey, Gainsborough, LN1 2EZ.

Tel: (01427) 718782

Sunday Service 10.30 am.

ST GEORGE & ST LAWRENCE CHURCH, SPRINGTHORPE

Contact : Michael Anyan (01427) 838226 or Penny Sedgewick (01427) 839628.

**WE ARE
MACMILLAN.
CANCER SUPPORT**

MACMILLAN CANCER SUPPORT

Provide information and confidential help for cancer sufferers and carers.

Concerns or questions about living with cancer?

Tel: 0808 808 2020 free and confidential helpline (9am-8pm, Mon-Fri).

Questions about cancer types, treatments or what to expect?

Tel: 0808 800 1234 free and confidential nurse information helpline, (9am-8pm, Mon-Fri):

Admin No. 020 7840 7840 Monday to Friday 9am-5pm.

Web: www.macmillan.org.uk

Web: www.cancerbackup.org.uk for up-to-date cancer information and advice.

POSITIVE HEALTH (LINCOLNSHIRE)

25 Newlands, Lincoln, LN1 1XP.

Tel: (01522) 513999 (office number)

24 Hour Helpline No: 0800 252534

Email: admin@positivehealthlincs.com

Web: www.positivehealthlincs.com

To provide social care / support for people living with HIV. Confidential advice on HIV, AIDS and all sexually transmitted infections. Training and Education provided. Outreach for Gay and Bisexual men. Free Condoms available. GUM Clinic at the County Hospital for treatment.

RETHINK (previously known as NATIONAL SCHIZOPHRENIA FELLOWSHIP WEST LINDSEY)

Greetwell Place, 2 Limekiln Way, Greetwell Road, Lincoln, LN2 4US.

Caring for a relative or friend with a mental health problem?

RETHINK can help by providing local individual support across West Lindsey area through the services of a carer support worker.

Carer Support Group meet by arrangement with Trish Hargreaves (see contact details below) on the 3rd Wednesday of every month 1.00 pm. to 2.30 pm.

Please ring for details.

Tel/Fax: (01522) 536029

Contact: Trevor Jones, Service Lead

Mobile Tel: 07918 033106 Email : trevor.jones@rethink.org

Contact: Trish Hargreaves, Carer Support Worker

Mobile Tel : 07918 617049 Email : trish.hargreaves@rethink.org

HEALTHY WALKS

West Lindsey District Council, Guildhall, Marshalls Yard, Gainsborough, DN21 2NA.
Tel: (01427) 675138
Contact: Jackie Brown, Healthy Walks Co-ordinator
Email: Jackie.brown@west-lindsey.gov.uk
Free led walks organised of varying lengths from 1½ miles to 5-6 miles, some easy, some harder and also toddler walks. All walks are within the Gainsborough area.

LAPD (Lincolnshire Association of People with Disabilities)

Ancaster Day Centre, Boundary Street, Lincoln, LN5 8PF.
Contact: Paul Parker
Tel: 01522 530305
Email : accessaudits@lapd.com

LCDP – Early Presentation of Cancer Symptoms Project

The Old Vicarage, Croft Street, Lincoln, LN2 7PQ.
Tel: (01522) 533510
Contact : Bonney Cottrell
Email : bonney.cottrell@lcdp.org.uk
Web : www.epoc.me
Supporting volunteers to lead community initiatives to encourage people to see their doctor at an early stage with suspected cancer symptoms, which leads to a better chance of a positive outcome.

LINCOLNSHIRE CARER'S PARTNERSHIP

Freepost NEA14297, Lincoln, LN1 1BA.
Tel: (01522) 554214 Fax: (01522) 546360
Email: carerspartnership@lincolnshire.gov.uk
Web: www.lincolnshirecarers.co.uk

Provides information for unpaid carers living in Lincolnshire.
Visit our website or phone us to find out about the six most important things you should know if you are an unpaid carer. Request a Carers Information pack which includes an A-Z booklet of help and advice on many subjects relevant to carers.

LIVES (LINCOLNSHIRE INTEGRATED VOLUNTARY EMERGENCY SERVICE) FIRST RESPONDERS

The War Memorial Centre, North Street, Horncastle, Lincs. LN9 5DX.
Tel: (01507) 525999
Office Manager: Paul Martin
Local Officer—Roger Ferguson, Tel: 07766 992438
Email : lives@lives-responders.co.uk
Web: www.lives-responders.co.uk

ST HELEN'S CHURCH, LEA

Rector: Rev. Phillip Wain
Church Wardens - Mrs. Joy Linegar, Tel: (01427) 613135 and Mrs. Jean Woodhead (01427) 612423.

ST LAURENCE CHURCH, CORRINGHAM

Middle Street, Corringham, Nr Gainsborough.
Contact : Margaret Grieve (01427) 838368
For details of services, please see Church notice board.

ST MARTIN'S CHURCH, BLYTON

Contact : Rev Mark Briscoe (01427) 629105 or Ann Clark (01427) 628880

ST PETER'S CHURCH, EAST STOCKWITH

Contact : Barry Brown - Churchwarden (01427) 610390
Services:- First Sunday of the month – 9.00 am Morning Prayer, Third Sunday of the month – 9.00 am Holy Communion

ST THOMAS' ROMAN CATHOLIC CHURCH

Cross Street, Gainsborough, DN21 2AX.
Tel: (01427) 612427
Contact : Fr Gabriel
Saturday Service 7 pm. Sunday Service 9.15 am.

THE SALVATION ARMY, GAINSBOROUGH.

Beaumont Street, Gainsborough DN21 2ER.
Corps Officers - Majors Geoff & Glenda Martin
Tel: (01427) 616353
E-mail: gainssa.corps@gmail.com
Sunday - Christian Worship @ 10.00 am
Monday - Ladies Keep Fit held @ Gainsborough Methodist Church 7.00pm
Tuesday - Tabletop sale/coffee morning 8.30am - 10.00am
Wednesday - Ladies Meeting @ 2.00pm
2nd & 4th Thursdays of the month 1.30pm—3.00 pm—Teenage Parent & Toddler Group
2nd Saturday in the month - Coffee morning, cake stalls etc 10.00 - 12noon
Bibles Studies and other events as advertised.

The Salvation Army Charity Shop, 32a Queensway, Gainsborough DN21 1SN.
Tel: (01427) 614400

UNITED REFORMED CHURCH

Church Street, Gainsborough, DN21 2JR.
Minister Rev G Poucher (01427) 811306
Church Secretary Mrs. Susan Bee (01427) 811258
Sunday service 10.30 am and first Sunday of the month evening meditation at 6.00 pm.
Web: www.gainsboroughurc.org.uk

CLUBS



“Working to improve the lives of older people in East and West Lindsey”

HOME SUPPORT SERVICES

Domestic help in the home, carrying out cleaning, laundry, shopping, gardening, escorted trips, dog walking and a sitting service. Undertaken by reliable, fully insured and CRB checked Home Support Assistants. This service is open to all ages in the areas of West and East Lindsey.

INFORMATION AND ADVICE

We also offer a free confidential Information and Advice Service in the comfort of your own home. In the last year Information & Advice Officers helped to obtain over £2 million in unclaimed benefits for older residents in the area.

Please contact us to arrange a home visit.

VOLUNTEERING

We also have volunteering opportunities for all ages and abilities, if you have some free time on your hands why not join us?

For further information about our services for older people in East and West Lindsey please contact our new Access Centre in Horncastle on (01507) 525892 or our Head Office on (01507) 524242.

ARMY CADET FORCE

Ropery Road, Gainsborough, DN21 2NS.

Tel: (01427) 616256

Web : www.armycadets.com

Offers many varied activities of military, adventurous and citizenship training.

BEREAVEMENT GROUP

George Henderson Lodge, Morton Front, Gainsborough, DN21 3AA.

Support Group meets every Friday afternoon 1.45 pm – 3.45 pm

St Barnabas Friendship Group meets on a Wednesday fortnightly at 10.30 am – 12.30 pm.

For information on dates please ring Betty Cross on (01522) 518225.

BLYTON EVERGREEN CLUB

Blyton Village Hall, Blyton.

Contact: Mrs V Wood, 17 Gainsborough Road, Blyton, Nr Gainsborough, DN21 3NJ.

Social Club for the Elderly. Fortnightly meetings at 2.00 pm.

DELVERS (GAINSBOROUGH LOCAL HISTORY GROUP)

Contact : Thelma Childs Tel: (01427) 611940

Meets fortnightly on Monday 6.15 pm to 8.15 pm at Gainsborough House to reminisce about old Gainsborough. Occasional slide shows.

CYSTIC FIBROSIS RESEARCH TRUST

Contact: Mrs Julie Simpson Tel: (01427) 611497

Help for sufferers of cystic fibrosis.

DYSLEXIA ACTION

2/4 Mint Lane, Lincoln, LN1 1UD.

Tel: (01522) 539267 Contact : Principal - Catherine Wright

Help and advice for people with dyslexia.

Email: lincoln@dyslexiaaction.org.uk

Web: www.dyslexiaaction.org.uk

GAINSBOROUGH & DISTRICT BRANCH OF DIABETES UK.

Tel: (01427) 667230—Contact: Mrs R Oakley

Help for diabetics.

Meetings are held every second Monday of the month (September – June) at 7.30 pm in the Trentside Rehabilitation Unit at John Coupland Hospital, Ropery Road, Gainsborough, DN21 2TJ.

GAINSBOROUGH HEALTH VISITING TEAM

Hickman Street Clinic, Gainsborough, DN21 2DZ.

Tel: (01427) 810801

Clinic Tuesday & Friday 9.30 am - 11.30 pm.

GAINSBOROUGH MACULAR DISEASE SUPPORT GROUP

Meets at the Friends Meeting House, 22 Market Street, Gainsborough, DN21 2BE.

Contact: Mrs M Styles, Group Leader on (01427) 811609 or Michael on (01427) 616852.

The group is one of a national network of support groups throughout the UK dedicated to supporting people with the age-related form of macular degeneration or MD for short.

Everyone is welcome to attend the meetings which are held every third Monday of the month at 10.30 am.

Web: www.macularisease.org

HEALTH TRAINERS

West Lindsey District Council, Guildhall, Marshalls Yard, Gainsborough, DN21 2NA.

Tel: (01427) 675188

Contact: Debbie Williams and Amanda Clarke

Email: Debbie.williams@west-lindsey.gov.uk

A free service to all people over the age of 16 providing confidential health advice to aid everyone in making healthy lifestyle changes over 6 free one to one sessions or more.

MEDICAL, HEALTH & SOCIAL CARE

ADULTS SUPPORTING ADULTS

Head Office:

Railton House, Sleaford Business Park, Sleaford, NG34 7EQ

Tel: 01529 416270

Web: www.asaorg.co.uk

Email: enquiries@asaorg.co.uk

Local Office:

Mercury House, Willoughton Drive, Foxby Lane Business Park, Gainsborough, DN21 1DY

Tel: 01427 619540

Adults Supporting Adults (ASA) is a countywide not for profit charity that provides a number of community based resources for people who require support to develop and maintain an independent lifestyle. ASA can provide a number of flexible and unique resources that are appropriate to you and your individual needs. Ask us about Extended Stay, Respite, Daytime Provision, At Home Day Resource, Sitting Resource or Shop2Gether.

ARTHRITIS CARE

Central England Regional Office, Unit 7, Carlton Business & Technology Centre, Station Road, Carlton, Nottingham, NG4 3AT.

Tel: (0115) 952 5522

Email: centralengland@arthritiscare.org.uk

Web: www.arthritiscare.org.uk

Information and support for all people with arthritis.

BREAST CARE SUPPORT GROUP

Lecture Theatre, Educational Centre, Lincoln County Hospital, Greetwell Road, Lincoln, LN2 4AX.

7.00 pm on 2nd Monday every month (except Bank Holidays)

Contact:

Emily Pearson Tel: (01526) 320442

Betty Tel: (01522) 809178

Joy Tel: (01427) 668699 (Evenings)

A group of ladies who have undergone breast surgery. If you are worried we can help, we are just at the end of a telephone.

COMMUNITY ALARM SERVICE

Acis Group Ltd, Bridge Street, Gainsborough, DN21 1GG.

Contact: Customer services for more information on (01427) 678000.

COMMUNITY MENTAL HEALTH TEAM

Hickman Street Clinic, Gainsborough, DN21 2DZ.

Tel: (01427) 617928 direct line.

Primary care mental health care/short-term care.

GAINSBOROUGH AEGIR CYCLING

Tel: (01427) 617752

Email: trevorhalstead@yahoo.co.uk

Web : www.community.lincolnshire.gov.uk/GainsboroughAegirCycling

Cycle club that offers a wide range of Rides, Leisure, Mountain Bike and Family rides.

GAINSBOROUGH HOUSE ACTIVITIES

18, Parnell Street, Gainsborough, Lincolnshire, DN21 2NB

Telephone (01427) 811160

Email: enquiries@gainsborough-house.org.uk

Website: www.gainsborough-house.org.uk

Office: Open weekdays 9.30 – 11.30am.

Coffee, tea and biscuits served Tuesday, Thursday and Friday mornings 10.00 – 11.30am.

Monday and Tuesday Luncheon Club for the over 60s from 12 noon to 1pm.

Monday afternoon social club 2 – 4pm.

SOCIAL ACTIVITY GROUPS

Day centre clubs for the disabled or elderly, held on Wednesdays, Thursdays and Fridays at Gainsborough House. A warm and friendly welcome awaits anyone who would like some company and to make new friends, with refreshments, mid-day meal included and possibility of free transport. A charge is made to cover costs.

Groups run by experienced CRB checked volunteers.

For more details ring Jane Rasburn, SAG groups co-ordinator (01427) 838609, or ring the group leader on the day (Wednesday, Thursday or Friday between 9.00am and 2.30pm) on 01427 614391.

Gainsborough House also provides office space, meeting rooms and facilities for a wide range of Care and Support Organisations and other social based clubs. Please ring the Gainsborough House office on (01427) 811160 for details.

GAINSBOROUGH HEARING HELPLINE CLINIC

Every Tues 12.30 – 1.30 pm at Hickman Street Clinic, Hickman Street, Gainsborough, DN21 2DZ.

Contact : Mr John Greenaway on (01427) 612820

Provides hearing aid batteries and re-tubing.

GAINSBOROUGH HEARING HELPLINE SOCIAL CLUB

Meets 2nd Tuesday of month from 1.45 pm to 3.30 pm. at Hickman Street Clinic, Hickman Street, Gainsborough, DN21 2DZ.

Contact : Mr John Greenaway on (01427) 612820

Social Club for the hard of hearing and friends. Loop System available.

Offers support and advice surrounding issues connected with hearing problems.

GAINSBOROUGH PROBUS CLUB

Meets at Gainsborough Old Hall, Parnell Street, Gainsborough, DN21 2NB.

Chairman : Mr Terry Bendall Tel: (01427) 617174

Secretary : Mr Brian Timbrell Tel: (01427) 610002

Private Club for members elected from retired professional and business men.

GOOD COMPANIONS CLUB

E Valley Community Centre, High Street, Scotter, Nr Gainsborough, DN21 3RY.
Contact : Briana Cordeaux Tel: (01724) 764452
Social club for 50+ meets at 2.00 pm – 4.00 pm every Thursday.

KNAITH PARK WHIST DRIVE

Knaith Park Village Hall, 76 Willingham Road, Knaith, Nr Gainsborough, DN21 5ET.
Contact : Mrs G Bingham.
Tel: (01427) 615930.
Thursday evening on a fortnightly basis from 7.30 pm.

LADIES LUNCHEON CLUB, EAST STOCKWITH

Contact : Mrs Mary Revill
Tel: (01427) 610708
Meets second Wednesday of each month at the Ferry House.

LINCOLN & LINDSEY BLIND SOCIETY

Bradbury House, Ramsgate, Louth, LN11 0NB.
Tel : (01507) 605604 Fax: (01507) 608802
Help for the blind and visually impaired
Email: info@llbs.co.uk
Web: www.llbs.co.uk
Local contact for Gainsborough - Jane Cowling, Sight Impairment Officer Tel:
(01673) 828293.

PILLARED HOUSE LUNCH CLUB

Meets at Pillared House, Primrose Street, Gainsborough, DN21 1HT.
Lunch club for elderly people held every Tuesday and Friday, 10.00 am to 4.00 pm.
Morning coffee, lunch and afternoon Bingo in a very friendly atmosphere. Transport available.
Contact : Vivien Patrick on (01427) 615283 or write to me at 95 Morton Terrace, Gainsborough. DN21 2RH.

THE FRIENDS OF RICHMOND PARK

Richmond Park, Morton Terrace, Gainsborough, DN21 2RJ
Chairperson : Mrs G Gray - Tel: (01427) 612125
Email: tisgillgray@btinternet.com

THIRD WEDNESDAY GROUP

Meets every third Wednesday of the month, 2.00 pm at the Village Hall, Corringham.
Various speakers, demonstrations and occasional outings. All welcome. Contact :
Barbara Marriott (01427) 838713

UNIVERSITY OF THE THIRD AGE (U3A) - GAINSBOROUGH AND DISTRICT

Meets at Gainsborough Methodist Church, North Street, Gainsborough, DN21 2HP
Contact : Joan Spencer (01427) 718881
Meets every 2nd Thursday in the month at 10.00 am.

JOHN COUPLAND HOSPITAL (Lincolnshire Community Health Services NHS Trust)

Ropery Road, Gainsborough, DN21 2TJ.
Tel: (01427) 816500
Minor Injuries Unit Open 8 am - 8 pm daily.
Red Cross Disability Living Centre Open 10.00 am – 3.00 pm Mon - Fri.
Audiology Clinic at JCH - Every Wednesday 1.30 – 3.00 pm by appointment.
Tel: Lincoln (01522) 573254.

NHS DIRECT

Tel: 111
If it is not an emergency but you still need medical help fast, then dial 111. This will get you through to a team of highly-trained advisers, who are supported by experienced nurses. They will ask you questions to assess your symptoms, and give you the health care advice you need or direct you to the right local service. The NHS 111 team will, where possible book you an appointment or transfer you directly to the people you need to speak to. If they think you need an ambulance, they will send one immediately.
Web: www.nhsdirect.nhs.uk

LOCAL SERVICES

CLIFF BRADLEY & SONS FUNERAL DIRECTORS

41 Heaton Street, Gainsborough, Lincolnshire, DN21 2EA.
Tel: (01427) 810619
Web: www.cliffbradley.co.uk
For a prompt, sympathetic service from a recognised family business.

GREEN BURIAL WITH RESPECT GB

Respect Natural Woodland Green Burial Park, Dring Lane, Laughton, Nr Gainsborough, DN21 3PZ.
Tel: (01427) 612992 or 07836 202158
Caring help is freely available for downloading from www.respectgb.co.uk
1. List of things you need to consider plan and prepare, for some nearing the end-of-life.
2. Planning funerals, ways of Planning a family get together to discuss YOUR CHOICES.
We offer an alternative to traditional cemeteries that can often seem cold and unwelcoming.
Celebration of life is the theme of Green Burial helping nature's natural cycle-of-life.

LINELANDS RESIDENTIAL & INTERMEDIATE CARE PROVIDER

All Saints Lane, Nettleham, Lincoln, LN2 2NT.

Tel: (01522) 750889

MANOR NURSING HOME

Dog and Duck Lane, Morton, Nr Gainsborough, DN21 3BB.

Tel: (01427) 612796

Contact : Mr Sam Basu

Nursing Home for the elderly.

NORTH WARREN HOUSE RESIDENTIAL HOME

North Warren Road, Gainsborough, DN21 2TU.

Tel: (01427) 612171 Contact: Mr Mark Bedward

Home for elderly people.

PHOENIX COURT SHELTERED HOUSING

Phoenix Court, Gainsborough, DN21 1GA.

Sheltered Housing Scheme of two bedroom bungalows in nice open spaces with a full-time, on site Manager. Community kitchen, Hall and laundry.

Contact: The Manager (01427) 613343

PILLARED HOUSE SHELTERED HOUSING

Primrose Street, Gainsborough, DN21 1HT.

Tel: (0800) 0272057

Contact: Russell Ward, Supported Housing Manager

To apply: West Lindsey District Council, The Guildhall, Marshalls Yard, Gainsborough, DN21 Sheltered accommodation for the elderly.

REDCOTE RESIDENTIAL HOME

23 Gainsborough Road, Lea, Gainsborough, DN21 5HR.

Tel: (01427) 615700

Contact: Jane Green (Manager)

Home for the elderly.

ST BARNABAS DAY HOSPICE

Community & Education Services

Hawthorne Road, Lincoln, LN2 4QX.

Tel: (01522) 518200

HOSPITALS

COUNTY HOSPITAL LINCOLN

Greetwell Road, Lincoln, LN2 4AX.

Tel: (01522) 512512

General hospital + A&E.

WILLINGHAM FRIENDSHIP CLUB

Willingham Village Hall, High Street, Willingham.

Contact : Mrs M Shaw - Tel: (01427) 788384

Social club meets every other Wednesday afternoon.

Everyone welcome.

WILLOUGHTON SUNSHINE CLUB

Willoughton Village Hall, Vicarage Road, Willoughton, DN21 5SA.

Contact : Mrs P Spencer - Tel: (01724) 851783

Social club for the elderly. Meets every other Thursday 2.00 – 4.00 pm, everyone welcome.

DOCTORS AND DENTAL SURGERIES

CASKGATE STREET DOCTORS SURGERY

Elswitha Hall, 3 Caskgate Street, Gainsborough, DN21 2DJ.

Tel: 0844 5769377

Web: www.caskgatestreetsurgery.co.uk

Doctors Surgery

CLEVELAND SURGERY

Vanessa Drive, Gainsborough, DN21 2UQ.

Tel: 01427 613158

Web: www.clevelandsurgery.co.uk

Doctors Surgery.

GAINSBOROUGH DENTAL CARE

17 Spital Terrace, Gainsborough, DN21 2HD.

Tel: (01427) 613322

Dentist Surgery.

POTTERGATE SURGERY

Vanessa Drive, Gainsborough, DN21 2UQ.

Tel : (01427) 612895

Open Monday - Friday 08:00 - 18:30 phone cover only from 18:00 - 18:30.

RIVERSIDE DENTAL PRACTICE

Morrison & Associate, 22 Gladstone Street, Gainsborough, DN21 2LY.

Tel: (01427) 613675

TRENT BRIDGE DENTIST SURGERY

134 Bridge Street, Gainsborough, DN21 1LP.

Tel: (01427) 612537

EDUCATION, TRAINING AND EMPLOYABILITY

A4e LTD

Unit 1, 9 Lord Street, Gainsborough, Lincolnshire, DN21 2DD.

Tel: (01427) 616051 (or contact your local Job Centre for information)

Web: www.a4e.co.uk

Having access to a large support network of specialist providers and experienced staff. Assisting local people source local employment whilst offering help and guidance with social, personal and financial issues. Building bridges between local employers and the unemployed, breaking down barriers to employment and Improving Peoples Lives.

FOUNDRY LEARNING CENTRE

60 Bridge Street, Gainsborough, DN21 1LS.

Tel : (01427) 677377

Email : simone@cgpartnership.com

Web : www.cgpartnership.com

Foundry Learning Centre opened in November 2008 on Bridge Street in Gainsborough. The centre has two main classrooms, one of which is equipped with 10 computers for use by learners.

The Foundry offers a variety of training in a friendly and welcoming environment to adult learners over the age of 19. Support is available to individuals wanting to learn how to use a computer or develop their computer skills further for work or personal use.

We support those looking for employment through our weekly Job Club (Friday mornings 9.30 – 12.00) and are happy to assist anyone looking to explore their learning options.

We offer a variety of community courses aimed at widening local participation in learning and our learners are encouraged to come and enjoy themselves whilst developing their skills and interests.

JOB CENTRE

Job Centre Plus, Crown House, Heaton Street, Gainsborough, DN21 2ET.

Tel: 0845 604 3719

Web: www.directgov.co.uk

Advice for employment training, general employment, legislation, small businesses, disablement services etc.

FERNDENE CARE HOME

Park Springs Road, Gainsborough, DN21 1NR.

Offers residential, nursing and memory care for 48 elderly people in hotel type facilities. Call in for a coffee and a chat in our coffee shop and have the opportunity to look round.

Tel: (01427) 810700

Contact : Pam Horsted

Web: www.execcaregroup.co.uk

FOXBY COURT

Middlefield Lane, Gainsborough, DN21 1QR.

Contact : The Manager

Tel: (01427) 613376

Residential Home for the elderly.

FOXBY HILL CARE HOME

Foxby Hill, Gainsborough, DN21 1PN.

Tel: (01427) 611231

Contact : Belinda Townsend.

Nursing and Residential home and also day care and respite care.

GROSVENOR HOUSE NURSING HOME

19 Back Street, East Stockwith, Nr Gainsborough, DN21 3DL.

Tel: (01427) 616950 Contact: Barbara Bussey

Web: www.grosvenorcare.co.uk

Nursing and residential home for the elderly and physically disabled.

HOLLY TREE LODGE NURSING HOME

3 Eastgate, Scotton, Nr Gainsborough, DN21 3QR.

Tel: (01724) 762537

Contact: Anne Atkinson

Nursing, residential and dementia care.

Email : htlcare@btconnect.com

HOWSON CARE CENTRE

Marlon Road, Willingham-by-Stow, Nr Gainsborough, DN21 5JU.

Tel: (01427) 788283 Contact: Carol Horne

Residential and nursing home for short term respite care and long term residents. Registered for dementia, mental health and learning disabilities.

LAUGHTON CROFT NURSING HOME

Gainsborough Road, Scotter Common, Nr Gainsborough, DN21 3JF.

Tel: (01724) 762678

Contact: Kerrie McOmie

Web: www.croftcarehomes.co.uk

Nursing and residential and EMI home for the elderly.

TNG JOB MAETS (LINCOLN)

Office 2b, 1st Floor, Britannia House, Marshall's Yard, DN21 2NA.

Tel : 07590417798 or 07827851169

Web: www.tng.uk.com

Helps individuals get back to work, training or education. One-to-one free confidential & impartial advice covering Jobsearch Skills, Benefits (including tax credits), Housing/Debt issues etc. Including financial incentives to access work/training and help and advice to set up and run a business.

HOMES, NURSING & RESIDENTIAL

ACIS GROUP

Acis House, Bridge Street, Gainsborough, Lincolnshire, DN21 1GG.

Tel: 0800 027 2057

Email: info@acisgroup.co.uk

Web: www.acisgroup.co.uk

Acis is a Registered Provider of social housing. Acis provides high quality and sustainable homes and properties for affordable rent. These include a range of family homes, flats and bungalows. Acis also provides low cost home ownership housing options and sheltered housing for the elderly across nine schemes in West Lindsey.

BLLENHEIM HOUSE

Hemswell Cliff, Nr Gainsborough, DN21 5TJ.

Tel: (01427) 668175

Contact: The Manager

Email: blenheimcentre@aol.com

Nursing home for the younger physically disabled, day care, residential care respite care.

BLLENHEIM LODGE NURSING HOME

Hemswell Cliff, Nr Gainsborough, DN21 5TJ.

Tel: (01427) 668175

Contact: The Manager

Email: blenheimcentre@aol.com

Nursing home for the elderly and also from age 18+.

ELIOT HOUSE NURSING HOME

Crooked Billet Street, Morton, Nr Gainsborough, DN21 3AH.

Tel: (01427) 617545 Fax: (01427) 611318

Contact: Victoria MacCabe

Email: victoriamaccabe@mpfcare.co.uk

Nursing home with residential places for the elderly and under and over 65's suffering from dementia. Pets welcome.

LEARNING COMMUNITIES

Birchwood Access and Training Centre, Lincoln, LN6 0QB.

Tel: (01522) 697587

Learning Community Centres are a "one-stop shop" where residents can access information about local services, learning opportunities, job vacancies and community events. The centres offer surgeries at which residents can meet with the Police or Councillors, and access other services such as Nextstep Advice and Information Sessions. The centres also offer internet access and the Learning Club, where members are kept up to date with all opportunities available in their local area and can also give their views on what the issues are in their neighbourhood.

LINCOLNSHIRE CHILDREN'S SERVICES CONNEXIONS CENTRE - TEENSEEN

6 Church Street, Gainsborough, DN21 2JH.

Tel: (01427) 612096

MERCURY HOUSE

Willoughton Drive, Foxby Lane Business Park, Gainsborough, DN21 1DY.

Tel: (01427) 619500

Email: sadie.weller@lincolnshire.gov.uk

Web: www.mercury-house.co.uk

Follow us on Twitter for updates and offers @mercury_house.



Unit 2, First Floor, Britannia House, Marshalls Yard, Beaumont Street, Gainsborough, DN21 2NA.

Tel: (01427) 677277

Web: www.riverside-training.org.uk

Email: enquiries@riverside-training.org.uk

Training Centre that offers qualifications in ECDL, Clait and the ecITB Safety Passport, Maths and English, Health and Safety, free taster courses, basic food hygiene, business and management, touch typing and languages. In addition the centre offer free career, skills and work advice. The centre also has a wide range of leisure courses for fun.

SCOTTER EAU COMMUNITY CENTRE

Church Hall, High Street, Scotter, DN21 3RY.

For bookings and use of the centre contact the Secretary, Mrs Cooper (01724) 762635.

Web Link via : www.scottervillage.com

Drop in Multi-use Centre that has a library, I.T facilities and a Café.

IT facilities are open on a Thursday 2.00 pm – 5.00 pm and Friday 10.00 am – 5.00 pm. Café open on Friday morning.

The Centre offers very reasonable rates for bookings and is ideal for children's parties and family gatherings/celebrations. The centre has disabled access and toilet facilities.